Women of Africa Care Pty Ltd

WOAC On Air – 01June 2023
Episode 53

Inspiration brought to you by Murdel, Nelly, Shinaaz, Angelina

---

Topic: Young Adult Life Orientation (YALO) – Part 2 Youth Empowerment

WOAC will be addressing 23 questions presented by Youth, over Episode 52 and 56

Murdel, Nelly, Shinaaz, Angelina	1. How do we condition our mind to not compete for popularity? a. **Spend time with the Holy Spirit** **Galatians 5.23** But the fruit of the Spirit is love, joy, peace, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. **Deuteronomy 28.13** The Lord will make ***you*** the ***head***, ***not the tail***. ***You*** will always be at the top, never at the bottom. b. **Walk in the Spirit and you will not fulfil the lust of the flesh**. 1 John 2.16 **16** For all that *is* in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world. **17** And the world is passing away, and the lust of it; but he who does the will of God abides forever. c. **Don't live in jealousy and envy, live in harmony and in peace** James 3.14-18 **14** But if you are bitterly jealous and there is selfish ambition in your heart, don't cover up the truth with boasting and lying. **15** For jealousy and selfishness are not God's kind of wisdom. Such things are earthly, unspiritual, and demonic. 18 **8** And those who are peacemakers will plant seeds of peace and reap a harvest of righteousness.[2. Do we think war is still relevant in today's world, with an example the Russian and Ukraine war happening? **MARK 13:7** But when you hear of wars and rumors of wars, do not be troubled; for such things must happen, but the end is not yet.

	Matthew 24:6-7 And you will hear of wars and rumors of wars. See that you are not troubled; for all these things must come to pass, but the end is not yet.

Nelly	3. Why are some people born with defects mental or physical, if God has made us in his image?
Shinaaz	4. Why is it that when we get closer to God we have more problems than anything and these are the things happening in our own home? The 2 Corinthians 10:4-6 **4** For the weapons of our warfare *are* not [a]carnal but mighty in God for pulling down strongholds, **5** casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, **6** and being ready to punish all disobedience when your obedience is fulfilled. Ephesians 6.10-18 Put on the Armor of God **10** Finally, be strong in the Lord and in his mighty power. **11** Put on the full armor of God, so that you can take your stand against the devil's schemes. **12** For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. **13** Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. **14** Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, **15** and with your feet fitted with the readiness that comes from the gospel of peace. **16** In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. **17** Take the helmet of salvation and the sword of the Spirit, which is the word of God. **18** And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people
Angelina	5. How can you rise when you feel like your world is falling apart? David is a good example that we can learn from on rising up even when our world is falling apart: Psalm 55. If an enemy were insulting me, I could endure it; if a foe were rising against me, I could hide. **13** But it is you, a man like myself, my companion, my close friend, **14** with whom I once enjoyed sweet fellowship at the house of God, as we walked about among the worshipers. My companion attacks his friends; he violates his covenant.

	[21] His talk is smooth as butter, yet war is in his heart; his words are more soothing than oil, yet they are drawn swords. [22] Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken. [23] But you, God, will bring down the wicked into the pit of decay; the bloodthirsty and deceitful will not live out half their days. But as for me, I trust in you. **A Prayer when he was in the cave. Psalm 142** I cry out to the LORD with my voice; With my voice to the LORD I make my supplication. [2] I pour out my complaint before Him; I declare before Him my trouble. [3] When my spirit [b]was overwhelmed within me, Then You knew my path. In the way in which I walk They have secretly set a snare for me. [4] Look on *my* right hand and see, For *there is* no one who acknowledges me; Refuge has failed me; No one cares for my soul. [5] I cried out to You, O LORD: I said, "You *are* my refuge, My portion in the land of the living. [6] [c]Attend to my cry, For I am brought very low; Deliver me from my persecutors, For they are stronger than I. [7] Bring my soul out of prison, That I may praise Your name; The righteous shall surround me, For You shall deal bountifully with me."
Murdel	6. What are the best solutions to fixing a problem in a relationship (any type, father and son, friends...) according to the bible? **Philippians 2:1-2** Therefore if there is any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any affection and mercy, fulfill my joy by being like-minded, having the same love, *being* of one accord, of one mind. **1 Corinthians 6:5** I say this to your shame. Is it so, that there is not a wise man among you, not even one, who will be able to judge between his brethren? **1 Corinthians 1:10**

	Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and *that* there be no divisions among you, but *that* you be perfectly joined together in the same mind and in the same judgment. **Matthew 5:9** Blessed *are* the peacemakers, For they shall be called sons of God. **Job 18:4** You who tear yourself in anger, Shall the earth be forsaken for you? Or shall the rock be removed from its place? **2 Corinthians 5:18** Now all things *are* of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation, **Proverbs 11:12** He who is devoid of wisdom despises his neighbor, But a man of understanding holds his peace. **1 Timothy 4:12-14** Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity. Till I come, give attention to reading, to exhortation, to doctrine. Do not neglect the gift that is in you, which was given to you by prophecy with the laying on of the hands of the leadership.
Shinaaz	7. Were there any relationships in the bible husband and wife that did not have any problems with each other?
Nelly	8. How do you continue to love people and see them in a good way when they continually hurting you? Acts 13.22 David had a repentant Heart After removing Saul, he made David their king. God testified concerning him: 'I have found David son of Jesse, a man after my own heart; he will do everything I want him to do.' 1 Corinthians 4.4-12 **4** Love is patient, love is kind. It does not envy, it does not boast, it is not proud. **5** It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. **6** Love does not delight in evil but rejoices with the truth. **7** It always protects, always trusts, always hopes, always perseveres. **8** Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. **9** For we know in part and we prophesy in part, **10** but when completeness comes, what is in part disappears. **11** When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. **12** For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known.

	[13] And now these three remain: faith, hope and love. But the greatest of these is love. **Corinthians 14:33** "For God is not a God of disorder but of peace—as in the congregations of the Lord's people." **1 Peter 3:11** "They must turn from evil and do good; they must seek peace and pursue it."
Murdel	9. When people belittle you how do you deal with the emotions and not allow that to affect your identity.? **Romans 14:10** But why do you judge your brother? Or why do you show contempt for your brother? For we shall all stand before the judgment seat of Christ. **Isaiah 41:10** God says: Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
Shinaaz	a. Does praise and worship must be singing and dancing or are there other ways to praise and worship God? Barak - Worship – Genesis 4.26, 1 Samuel 15.31, Psalm 29.2 Halal – Praise "David teaches us how to worship God" Worship demonstrates worship through "Love" Praise and Worship is LOVE! True worship is a state of the heart
Nelly	b. Are the things that churches do like bible study, bible school, church events and programs important in having a relationship with God and going to heaven?" Proverbs 9.10 " The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding. Personal relationship with God is key to a healthy Christian lifestyle
Angelina, Murdel, Nelly, Shinaaz	10. What are the 3 life lessons you learnt through experience and not by someone teaching you? a. Dishonouring my parents – rebellion (Angelina) Honoring my Father and Mother in the Lord (Spiritual and Biological) - Exodus 20.12; Deu 5.16, (Matthew 15,4+Mark 7.10"Anyone who curses their father and mother must be put to death.") Luke 18.20 b. Church attendance but lived like the world – dishonored God by personal lifestyle (Murdel) c. Brought up in a Christian home but found Christian lifestyle boring, decided to follow the world's way – very quickly realised the world life is not good and submitted to God (Nelly) d. Born a muslim, at age 15 became born-again. Altar Call