Women of Africa Care Pty Ltd

WOAC On Air –01 February 2024
Episode 82

Inspiration brought to you by WOAC on Air

Topic: The benefits of the fruit of the Spirit

Walking in the Spirit

Galatians 5.16-26

16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.

19 Now the works of the flesh are evident, which are: [d]adultery, [e]fornication, uncleanness, lewdness, 20 idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, 21 envy, [f]murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told *you* in time past, that those who practice such things will not inherit the kingdom of God.

22 But the fruit of the Spirit is love, joy, peace, patience (long suffering), kindness, goodness, faithfulness, 23 [g]gentleness, self-control. Against such there is no law. 24 And those *who are* Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit. 26 Let us not become conceited, provoking one another, envying one another.