

Women of Africa Care Pty Ltd

WOAC On Air –22 February 2024
Episode 84
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Topic: The benefits of the fruit of the Spirit -Part 3 (Goodness, Kindness, Patience)

Why do we need to die to self?

So that we can experience the divine nature of God which is enjoying the Fruits of God's Holy Spirit

1 Cor 2.14 - 14 The person without the Spirit does not accept the things that come from the Spirit of God but considers them foolishness, and cannot understand them because they are discerned only through the Spirit. Our Flesh (Self nature) opposes the things of God - Episode 77 we talk about dying to self.

To embrace the divine nature of God (fruits of Holy Spirit) you must abide in God
John 15.4 Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me.
Gal 2.20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

Gal 5.22But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23gentleness and self-control. Against such things there is no law. 24Those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25Since we live by the Spirit, let us keep in step with the Spirit. 26Let us not become conceited, provoking and envying each other.

Love your neighbors as you love yourself. How you treat others is a good indication of how you see yourself. If we are abiding in Christ, then His goodness, kindness and patience is supposed to transform us which means whatever is within us is outwardly an extension thereof. So, If I want to see how I see myself, I need only judge how I treat others.

1. <u>Goodness (definition from biblehub)</u>

agathosune
Phonetic Spelling: (ag-ath-o-soo'-nay) - intrinsic goodness, especially as a personal quality, with stress on the kindly (rather than the righteous) side of goodness. Root agathos intrinsically good, inherently good in nature, good whether it be seen to be so or not - as a unique *quality* and *condition* as relating to believers, the goodness that *comes from God* (Souter) and showing itself in spiritual, moral *excellence* (*virtue, uprightness*

Genesis 1:31 - And God saw everything that he had made, and behold, it was very good. God's inherent nature is goodness, so everything that comes forth from God is good.

Psalm 119:68 You are good and do good; teach me your statutes.

Psalm 16:2(NLT) Every good thing I have comes from you.

Mark 10.18 And Jesus said to him, "Why do you call me good? No one is good except God alone. - This means nobodies goodness is self acclaimed - if we are experience goodness it's because it's a fruit of God in our life, because without God we can never experience goodness nor be good.

Jesus demonstrated the goodness of the Father by "doing good" Acts 10:38

How God anointed Jesus of Nazareth with the Holy Spirit and with power. He went about doing good and healing all who were oppressed by the devil, for God was with him.

Goodness is necessary for service - Romans 15:14 - I myself am satisfied about you, my brothers, that you yourselves are full of goodness, filled with all knowledge and able to instruct one another.

“Goodness” agathosune the goodness that *comes from God* - (Empowered by God) to do good as in moral *excellence* (*virtue, uprightness)*

Every good gift- James 1:17

Every good gift (grant, present) and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change.

2. <u>Kindness (definition from bible hub)</u>

chréstos better, easy, gracious, kind.root ◄ 5530. chraomai ►to furnish what is needed; (give an oracle, "graze" (touch slightly), light upon, etc.), i.e. (by implication) to employ or (by extension) to act towards one in a given manner -- entreat, use, to loan or lend.

Phonetic Spelling: (khray-stot'-ace) means 5544 */xrēstótēs* ("useful kindness") to *meeting real needs, in God's way*, in *His* timing (fashion). "divine *kindness*") is the *Spirit-produced* goodness which meets the need and avoids human harshness (cruelty). Described as Goodness, Excellence, Uprightness

Did you know God’s kindness leads us to repentance - Romans 2:4 Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God’s kindness is meant to lead you to repentance?

When we experience the kindness of God in our own lives,we become repentant, and in exhibiting that repentance towards God, it draws people to live repentant lives as they see the kindness of God in our lives expressly outwardly towards them, they seek to live right in the sight of God and us.

3. <u>Patience (definition from bible hub)</u>

makrothumia

Phonetic Spelling: (mak-roth-oo-mee'-ah) Usage: patience, forbearance, longsuffering

3115 */makrothymía* ("divinely-regulated patience") is used of *God Himself* (see 1 Pet 3:20; 2 Pet 3:15). Indeed, only *the L*"3115 (*makrothymía*) embraces steadfastness and staying-power. If in English we had an adjective 'long-tempered' as a counterpart to 'short-tempered,'

Patience builds strong character - Patience saves us from ungodly acts- Character building so that we are ready for promotion.

Patience promotes healthy relationship boundaries - to express empathy we need to exercise patience because not everybody sees our perspectives and sharing God’s love means meeting them where they at and not getting frustrated because they see things differently, patience helps us get them to see life from different perspectives.

Patience accelerates forgiveness - we are unable to exercise 7x 77 a forgiveness in the absence of long-suffering (bares with one another, compassion, mercy)